Go'Bonzo's® Cool Ranch

Roasted & Seasoned Chickpeas

Nutrition Facts (0.75 oz)

1 servings per container
Serving size | 1 - 0.75 oz pkg

Amount per serving
Calories **90**

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 13g	5%
Dietary Fiber 8g	29%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Vitamin D 2mcg	10%
Calcium 30mg	2%
Iron 1mg	4%
Potassium 126mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts (1.5 oz)

1 servings per container
Serving size | 1 - 1.5 oz pkg

Amount per serving
Calories **180**

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	0%
Sodium 210mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 16g	57%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Vitamin D 4mcg	20%
Calcium 60mg	4%
Iron 1mg	8%
Potassium 252mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Garbanzo Beans (Chickpeas), Dried Buttermilk, Salt, Extra Virgin Olive Oil, Onion, Spices, Garlic
CONTAINS MILK

Description: Dry roasted and ranch seasoned chickpeas with a crispy and crunchy texture.

Storage: Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

Quality: Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.

Certified GF Gluten-Free · Made in USA · USA PULSES · U D · 100% Plant Based · Made in a Peanut-Free Facility · NON GMO

Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA or Vegetable (Legume)

Go'Bonzo's® Shipping Specs		
Case Pack Options	**250/.75oz**	**125/1.5oz**
CFI Item #'s	03-CF142	03-CF146
UPC Codes	855270005060	855270005138
Case Wt.	12lbs. Net / 14 lbs. GWT	
Case Dimensions	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H
Case Volume	.951 ft3	.85 ft3
Pallet	10 Ti x 8 Hi = **80cs/pallet**	10 Ti x 10 Hi = **100cs/pallet**
Pallet Dimensions	48"L x 40"W x 80"H	48"L x 40"W x 88"H
Pallet Volume	97.78 ft3	92.908 ft3

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