



## Roasted & Seasoned Chickpeas

## Go'Bonzo's® Spicy Nacho

1 servings per container Serving size 1 - 0.7	5oz pk
Amount per serving Calories	90
961	Daily Value
Total Fat 2g	39
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol Omg	09
Sodium 160mg	79
Total Carbohydrate 13g	59
Dietary Fiber 8g	299
Total Sugars 0g	
Includes 0g Added Sugars	09
Protein 4g	89
Vitamin D 2mcg	109
Calcium 24mg	09
Iron 1mg	49
Potassium 121mg	29

**Ingredients:** Garbanzo Beans (Chickpeas), Extra Virgin Olive Oil, Spices, Salt, Garlic, Onion

**BIG 8 ALLERGEN FREE** 

**Description:** Dry roasted and nacho seasoned chickpeas with a crispy and crunchy texture.

**Storage:** Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

**Quality:** Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.















## **Nutrition Facts**

1 - 1.5 oz pkg

iet. 2,000 calories a day is used for gener

1 servings per container

Serving size

Amount per serving Calories	170
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 320mg	14%
Total Carbohydrate 26g	9%
Dietary Fiber 16g	57%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein <sup>9</sup> g	18%
Vitamin D 4mcg	20%
Calcium 48mg	4%
Iron 2mg	8%
Potassium 243mg	6%

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Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA <u>or</u> Vegetable (Legume)

Go'Bonzo's® Shipping Specs		
Case Pack Options	250/.75oz	125/1.5oz
CFI Item #'s	03-CF143	03-CF147
UPC Codes	855270005077	855270005145
Case Wt.	12lbs. Net / 14 lbs. GWT	
Case Dimensions	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H
Case Volume	.951 ft3	.85 ft3
Pallet	10 Ti x 8 Hi = <b>80cs/pallet</b>	10 Ti x 10 Hi = <b>100cs/pallet</b>
Pallet Dimensions	48"L x 40"W x 80"H	48"L x 40"W x 88"H
Pallet Volume	97.78 ft3	92.908 ft3

Creative Food Innovations, LLC
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